



Sheltered Water Environment Definition

- Ungraded sections of slow-moving **rivers** where the group could paddle upstream against the flow (not involving the shooting of, or playing on, weirs or running rapids)
- Areas of **open water** (e.g. lakes and lochs) where the paddlers are no more than 200 metres offshore and the wind strength does not exceed Beaufort force 3, avoiding the group being swept/blown out of the safe working area
- Slow moving **estuaries** (less than 0.5 Knots)
- Small enclosed **bays**
- Enclosed **harbours** where there is minimal possibility of being blown offshore
- Defined **beaches** with easy places to land throughout, no tide races, overfalls or surf

Note: The definition implies normal conditions and care is advised when water and air temperatures are low.